adha Montana
Dental Hygienists' Association

HYGIENE BULLETIN

SPRING 2016

President's Message

The month of May brings us more sunshine and flowers but also graduation day for the MSU Great Falls dental hygiene students. I am sure most of you can remember this incredible accomplishment and excitement for your future career. I certainly do because the day after I graduated Mount St. Helens blew and we barely made it home to Missoula before everything was covered in ash. I'm sure the 17 graduates of MSU Great Falls Program won't have to worry about a volcano exploding but I am sure they will be just as excited about their accomplishment. MDHA will again be giving several scholarships to deserving graduating students on May 7th. Congratulations to all of the students and we encourage you to seek out any of us if you would like a mentor.

New graduates have so many new opportunities to practice in nontraditional settings such as long term care facilities with a Limited Access Permit (LAP) in Montana. Recently we had a LAP course for the 3rd consecutive year along with our Spring CE at Fairmont Hot Springs. LAP hygienists can now bill most insurances and be a direct provider for Delta Dental. Our Spring CE, organized by Tonette Hollingsworth, was a great success and our speakers were fabulous. Judy Carroll, RDH, Perioscopy Periodontal Therapist and Anna Semple, Healthy Start and Youth Development Network Coordinator gave us very informative presentations.

The students and many others were able to listen to the presentations off site both Friday and Saturday thanks to Lorie Becker, Past President, who arranged the GoToMeeting format. This is the second year that we have offered this as a choice for attaining CE credits.

In the future, Montana might be looking at more dental hygiene students graduating in May at the Bitterroot College in Hamilton. Roch Turner, Director of Workforce Programs and Development said they would like to have 18 students, predominately recruited from rural areas each year. MDHA BOT voted to support a Bachelors Degree program where the students would graduate from the University of Montana. MDHA will be keeping you informed on the progress of this new program. If you have any questions or concerns for Roch Turner or would like to encourage him for advocating a Bachelors in Dental Hygiene program, his email address is roch.turner@umontana.edu.

Thank you all for supporting the raffle at Spring CE to raise funds for ADHA's Institute for Oral Health (IOH). Please read the article in this newsletter about the IOH inaugural 5K Run/Walk at Annual Session on June 9th in downtown Pittsburg, PA. Montana's Delegation (Carla McColly, Cara Reck, Crystal Spring and I) will be participating in the event and would love some extra support.

The raffle also raised funds for ADHA's HYPAC (Dental Hygiene Political Action Committee). You can read about the HYPAC District Challenge further in this newsletter. All ADHA members will receive the inspiring 2016 Spring HYPAC newsletter.

Congratulations go out to Crystal Spring and her team on the Membership committee who reached 100% of their membership goal and will get special recognition at the House of Delegates this June!

Thank you to all of you for your commitment to MDHA and maintaining your MDHA membership so that we can continue to make a difference in the profession of dental hygiene in Montana. With this said, we still need over 30 new or reinstated members for MDHA to have 50% of all RDHs in Montana as MDHA members by this summer. If you don't think your membership counts...IT DOES, especially for our upcoming legislation in January. Please go online and sign up: http://www.adha.org/resources-docs/7411MembershipApplication.pdf. Your dues are a small part compared to what your profession can give back to **you and your community!** Membership is an important step to help promote and protect the dental hygiene profession...we need everyone!

I want to thank Past President Lorie Becker, President Elect Cara Reck and all of the other Officers, Committee Chairs and Trustees for their devotion and commitment during this MDHA season. Through your vision and hard work, MDHA made significant strides we can all be proud of in the years to come. I am so impressed with all the component activities around the state and Tonette Hollingsworth's work at the DPHHS. Please reach out to me if you have any concerns or questions. MDHA loves to hear from its members! It's been a privilege to serve as your President and I look forward to seeing all of you in Billings at MDHA Annual Session September 15th-17th...can't wait!!!!



Heidi Halverson, RDH BSDH, LAP

Happy Spring from your President Elect!

I hope that you are all enjoying the interesting weather we have been having! Fairmont was sure fun and I loved connecting with many of you. I wanted to take this time to announce positions that will be coming available this fall, as of Annual
Session. Taking a position on the Board is a great learning experience as to how we work and it provides stepping stones to leadership opportunities as well as networking with some of the most outstanding people in our profession! I understand that our lives outside of dental hygiene sometimes have to take precedence and family comes first but we cannot function as an association without our amazing volunteers who spend many hours creating experiences for our fellow hygienists whether members or not! If you see a position that might mesh with your personality or you just want to learn more about it, do not hesitate to contact me to find out more. Just because you ask questions, doesn't lock you into the position. I love each and every one of the board members now and some are staying in their positions and some are in a different season of their life and want to create an opportunity for others. We are a team and I would love to get every one of these positions filled before Annual Session so we are prepared to move forward in our profession! Thank you for all that you do!

Cara Reck, RDH, BS
MDHA President-Elect
Cara.reck@gmail.com



Board Positions available as of Annual Session:

- Membership Chair
- Membership Committee (2-3 people)
- Board of Dentistry Liaison
- Legislative Co-Chair w/ Lorie Becker
- Legislative Committee (3-4 people)
- Glendive (or Eastern MT) Trustee
- Annual Session 2018 Chair (Helena)
- Delegate nominations
- Alternate Delegate nominations
- WIC Chair
- Historian
- Butte Trustee
- Great Falls Trustee
- Spring CE 2017 Chair
- Secretary

Healthy Living Under the Big Sky!
September 15th—17th

Thursday, 15th — 1:00-5:00 pm
Patti Di Gangi will speak on dental coding geared specifically towards hygienists
4 CEUs

Friday, 16th—8:00am-12:00pm & 2:00-4:00pm
Lancette VanGuilder's speaking topics include: "Au Naturale: Oral Health and Homeopathic Trends" and "To Infinity and Beyond: Delivering Exceptional Care"
6 CEUs

Saturday, 17th—8:00am-12:00pm
Department of Health and Human Services will speak on Hypertension and Tobacco Cessation
4 CEUs

****Auction Items Needed!****

Once again, at MDHA Annual Meeting, you will have the opportunity to bid on items donated by each component area, as well as individual & corporate donations. Now is the time to start thinking about this fun event and what you could offer! Questions? Judy Harbrect 406-655-0216

Montana Head Start Association

Dental Hygienists play an important role in promoting oral health and preventing oral disease. Because of this role, the National Center on Early Childhood Health and Wellness, working in partnership with ADHA, created the Dental Hygienist Liaison (DHL) program. Under the DHL program, a hygienist can help staff promote oral health for pregnant women and children in Head Start programs.
I am thrilled to be your DHL for Montana! If you are in need of any resource or collaboration with your local Heat Start program, please don't hesitate to contact me. Listed below are some internet resources for you to explore that will enable you to promote oral health with the yond children and pregnant mothers in your own practice.

Bright Futures Toolbox—http://mchoralhealth.org/toolbox/index.php
Bright Futures is a national disease-prevention and health-promotion initiative funded by the Maternal and Child Health Bureau. This toolbox highlights materials that advance the Bright Futures philosophy of promoting and improving the oral health of infants, children and adolescents.

Early Childhood Learning and Knowledge Center (ECLKC)
https://eclkc.ohs.acf.hhs.gov/hslctta-system/health/oral-health
ECLKC is a resource center put together by the Office of Head Start for families, teachers, and healthcare providers to promote healthy living habits for young children and pregnant women.

Mouth Healthy—http://www.mouthhealthy.org and/or http://mouthhealthykids.org
Resource center organized by the American Dental Association. It has some great interactive games, videos and quizzes for young children!

Melissa Utley, RDH, LAP
Public Health Chair, Head Start Liaison

The **State Office on Aging** is putting together a Montana Aging & Disability Resource Directory. They would like to include the names of any LAP hygienists that would like to be listed. When a complete list of LAP hygienists is compiled, an email will be sent with the application to be filled out by each hygienist who wants to be included in the directory. That should happen within the month so watch your emails, LAPs!!

The **Institute for Oral Health (IOH)** kicks off it's inaugural 5K Run/Walk at ADHA's Annual Session on June 9th at 8pm in downtown Pittsburg, PA. Set to take place during the 2016 Center for Lifelong Learning (CLL at the 93rd Annual Session, the race is designed to raise funds for IOH, which is committed to empowering, supporting, and developing education and research opportunities for dental hygiene professionals. Proceeds from the run/walk will help fund scholarships for dental hygiene students, provide research opportunities for those expanding the field of dental hygiene and support dental hygienists who donate their services to improve access to oral healthcare and education in their communities.
Go to: **www.crowdrise.com/ADHARunWalk2016**. Scroll down and check out all the teams. **Our team (District X) is: D-X DH Dashing Divas.** Click on our name and you can see who is on our team and how much we have raised. Crystal is doing quite well but Carla needs some help :)
Remember, your donation is tax deductable!
Please help make District X proud!





Congratulations to Amber Welborn! Amber was chosen from a list of ADHA members in Montana to receive a free XP Technology no sharpen instrument from American Eagle Instruments. American Eagle Instruments supports all dental hygienists but wants to recognize dental hygienists who support their professional association. ADHA's mission is to advance the art and science of dental hygiene, and to promote the highest standards of education and practice in the profession.
Thank you Amber for supporting your association and thank you American Eagle instruments for supporting dental hygienists in Montana!
To learn more about American Eagle's patented no sharpen XP Technology go to their website: www.am-eagle.com.

American Eagle Instruments® Inc.

In our amazing profession we try to give our patients the most pleasant experience possible, yet anxiety and fear can make appointments difficult. At the 2016 Spring CE at Fairmont Hot Springs, a lecturer discussed dealing with fearful patients. She recommended to allow the patient to feel in control in some form. This may be achieved by having them hold the suction, listening to their own headphones, covering up with a blanket or having a stress ball to squeeze. It was also recommended to place the lead apron over the patient when they are supine. The weight of the apron can give a feeling of security. Offering words of encouragement throughout the dental appointment at a slow and low voice is an effective form of verbal coaching. I hope these tips help your anxious patients to better enjoy their appointment!
- Vanessa Ternes, RDH, BS
MDHA Secretary

MONTANA DPHHS

Healthy People. Healthy Communities.

Department of Public Health & Human Services

Medicaid Update

On January 1, 2016 the Health Economic and Livelihood Partnership (HELP) Plan provided dental coverage for all new adult enrollees and extended dental benefits to current adult Medicaid enrollees. Adults under Medicaid are covered under Standard Medicaid (formerly Basic or Full coverage) or the HELP Plan.

Coverage includes preventive and basic restorative care, including dentures. Restorative care has an annual cap of $1,125 per state fiscal year. The annual cap is for adult enrollees only, not children. Additional information on coverage can be found at ***http://dphhs.mt.gov/healthcare/MedicaidMembers***

Covered Services for Medicaid Dental Care

Members Age 20 or Less:

- Preventive care based on EPSDT schedule, age one dental visit recommended
- No dollar cap on dental services
- Primary care providers can bill for fluoride varnish applications during well-child or public health visits

Adults:

- Preventive care (prophys, fluoride) covered, not included in cap
- Extractions, dental fillings, root canals, perio treatment and emergency services with cap at $1,125 per state fiscal year (July 1-June 30th)
- Dentures, not included in cap but limitations on replacements
- Aged (65+ years) and disabled adults **do not** have cap on dental services

The Montana Oral Health Program has been busy this Spring! In March, oral health was featured in the **Health in the 406** communication outlining how important oral health is throughout the lifespan and the importance of adequate fluoride. You can find the article in the archived materials on the ***http://dphhs.mt.gov/healthinthe406*** website.

Other projects include:

- **Tobacco Cessation Trainers**—The Tobacco Prevention Program is seeking RDHs interested in being trained in tobacco cessation to foster an in-state network of trained providers. If you are interested in becoming a trainer, please reach out to staff at ***(406)-444-2660*** or ***thollingsworth@mt.gov*** .
- **Chronic Disease Collaboration—**OH Program staff are hoping to incorporate oral health into aspects of the chronic disease programs including diabetes, cardiovascular health and nutrition and physical activity just to name a few. The DPHHS Cardiovascular Program will be providing training on taking blood pressure accurately during MDHA's Annual Session in Billings. Good refresher and important work to integrate medical-dental care.
- **Surveillance—**Having good data on the oral health of Montana has also been an important part of recent work. Data on school-age children and adult dental care utilization can be found at ***http://dphhs.mt.gov/publichealth/oralhealth/OHData.aspx.*** Dental screenings on Head Start children is wrapping up this Spring and dental screenings on Kindergarten children began this year and will be completed during the 2016-17 school year.
- **Geospatial Fluoride Mapping—**An interactive map of fluoride levels for community water systems and wells throughout MT is nearly complete and will be placed on the OH Program website under the Fluoride tab ***http://dphhs.mt.gov/publichealth/oralhealth/OHFluoride.aspx***
- **Dental Workforce Surveillance—**As part of ongoing data collection, the OH Program is tracking the number and distribution of dental providers and working to expand the integration of oral health into medical.

Additional information on the HELP Plan can be found at ***http://dphhs.mt.gov/MontanaHealthcarePrograms/Dental.aspx***

If you have thoughts or comments for future programming, please feel free to contact the OH Program. I look forward to collaborating with you to improve health.

Best,
Tonette Hollingsworth, RDH, MS
Oral Health Program Coordinator

THANK YOU, TONETTE HOLLINGSWORTH for a wonderful Spring CE at Fairmont!

THANK YOU, LORIE BECKER for arranging the Spring CE Webinars!

2016 Summer Games, Special Olympics are in Missoula for the 2nd year at the University of Montana, May 17-20. Thursday, May 19th is the Special Smiles Healthy Athlete Activity from 9:00am to 12:30pm and also 6:30-9:00pm. You can go to the website: *Www.somt.org* and sign up to volunteer.

This is an amazing event and I would encourage any of you to volunteer or show up to help. It is definitely worth your time and you will be inspired with this national organization.

If you are unable to volunteer this year, mark your Calendar for May18th, 2017 in Missoula



MONTANA MIGRANT DENTAL MOBILE

The Montana Migrant & Seasonal Farm Worker Council is looking for RDHs to work at the Flathead Lake Dental Mobile Unit starting around July 11th for several weeks. The exact dates depend on the time of cherry picking. The Dental Mobile is 5 years old and has 2 dental chairs. It is lovely to work in and the Flathead area is a spectacular place to be in July. The Council pays $27.00/hr. This is a cultural and rewarding experience! Potential housing may be provided but you would need to provide your own food. The days start around 10am and go until 5-7pm. To sign up contact Vicki Thuesen at **vthuesen@mtmigrantcouncil.org.**

engage empower enrich
SUMMER GAMES
Special Olympics Montana
MISSOULA

HYPAC CHALLENGE

HYPAC
American Dental Hygienists' Association Political Action Committee

May 1st marked the start of the HYPAC Challenge. This is the major fundraising effort for HYPAC as districts compete with one another to see who will raise the most funds. HYPAC enables dental hygienists to interface directly with candidates for federal office to ensure that candidates are aware of the role of the dental hygienist on the dental team and the impact the profession has on the delivery of care. To coincide with the start of the HYPAC Challenge, ADHA members received the HYPAC Spring newsletter. The newsletter gives an insider's view into Capitol Hill, HYPAC's activities and provides additional information on this year's HYPAC Challenge.

To access the HYPAC website at www.hypac.adha.org, you have to enter a Username and Password. The Username is the email address that ADHA Member Services has on file for you and the Password is "HYPAC".

On the HYPAC website, under the heading "Join or Renew your HYPAC Membership", you can choose to pay by credit card or check. We consider all contributors to be HYPAC members—not to be confused with ADHA membership.

Thank you for your continued support. ADHA's efforts in Washington DC cannot be as successful without the voluntary support each of our members provide!

MSUB
MONTANA STATE UNIVERSITY BILLINGS

Bachelor Degree Completion

Montana State University Billings (MSUB) is pleased to offer the Bachelor of Applied Science with a Thematic Concentration in Dental Hygiene this Fall 2016. Dental Hygienists who have completed an Associate of Applied Science (AAS) in Dental Hygiene from institutions accredited by the Commission on Dental Accreditation of the American Dental Association are eligible for this program. The program is 100% online and offered in both a part-time and full-time course load structure. Students receive direct advising assistance throughout the entirety of the degree and have opportunities to complete courses in Health Administration, Business and Communication studies to supplement the five upper-division Dental Hygiene courses. Students who are interested in learning more should contact Maddie Felts, New Student Specialist with MSUB at (406) 657-1741. Personalized assistance will be provided to students to expedite the process of applying to MSUB and getting registered for courses. This is the only program of its kind being offered in Montana right now, so don't miss out on this continuing education opportunity!

COMPONENT UPDATES

Bozeman
Happy Spring from Bozeman! We are in the process of planning a CE with Dr. Helm, the Periodontist sometime this month! Look for an email.
We love volunteer work and want to thank everyone who did volunteer for Dentistry from the Heart in February at Big Sky Dental! We are looking for more volunteers Friday, August 26th for another Dentistry from the Heart at Hays Dental.
Erica Gerard & Heather Scott—Bozeman Trustees

Billings
Hello! The Billings Component is well on its way to planning this year's Annual Session in September. We have some great CE topics lined up, as well as some fun events! As we get closer to September, we will need all hands on deck from Billings area Hygienists! Please watch your emails for further information and meeting times. We look forward to having a great meeting!
We have some great local speakers for our Component—Dr. Amy Fuller has been wonderful about presenting monthly and reviewing Periodontology, Dr. Griffeth presented a very Interesting CE about Oral Pathology and Dr. Olsen presented on Orthodontics. I would like to remind everyone that they all volunteer their time to present to us. A great way to thank them is by attending the CE's that they provide. .Have a wonderful summer and be prepared to have some fun with us in Billings this September!
Suzie Rogge—Billings Trustee
suziesun@hotmail.com

Butte
I am working on getting some CE's planned for the summer. If anyone has any topics they would be interested in or knows of a speaker, get in touch. I would love your input! It was great to see so many turn out for Dr. Walters presentation on oral cancer in Febraury! I also saw a lot of familiar faces at Spring CE at Fairmont. I hope that everyone is having a great spring!
Amber Johnson—Butte Trustee

Flathead Valley
Mark your calendars for 2017! Annual Session for 2017 will be at the Hilton Garden Inn September 21st-23rd.
Ellie Bicha- Flathead Valley Trustee

Missoula
The Missoula component continues to be busy! Our first meeting of the new year was a very informative talk on finances. On January 19th, we had Chuck Beagle, a financial advisor from Rocky Mountain Financial, talk to us about saving for our retirement. Thank you, Kim Grenegar, for arranging the meeting.
We had a couple of events in March. The first was a fantastic talk on Autism, given by Ed Boniecki on March 3rd. He is an Occupational Therapist who specializes in pediatrics. The meeting was arranged by Kelly Boniecki. On March 22nd, Tonette Hollingsworth organized screening for Head Start.
We had an excellent attendance at our Spring CE at Fairmont on April 1st-2nd. We had 12+ RDHs attend. The Missoula Urban Indian Center once again asked us to have a station at their Spring Wellness Fair. Thanks to the 5 RDHs who volunteered: Heidi Halverson, Carla McColly, Karen Thomas, Jolynn Orth and Kelly Boniecki.
We have a couple of events for May. Tonette has once again arranged for some children's screenings, this time at Hellgate Elementary School. Then on May 19th, we have been invited to volunteer at the Special Olympics. Hope to see many area hygienists at this event.
Kelly Boniecki—Missoula Trustee



Our profession is demanding! Make time for yourself!
This newsletter comes to you from Hawaii!

ADHA Charter Agreements

Charter agreements were put together based on House of Delegate input, to ensure that ADHA and its constituents and components were organized to meet the needs of future members in transforming the profession of dental hygiene. They were developed in collaboration with outside legal counsel with expertise in non-profit organizations.

These agreements ensure that all entities of ADHA are legally compliant, create continuity and quality of member experience and unify our collective brand across the country (notice new logo). ADHA understands the critical role that our constituents and components play in our core ideology to "lead the transformation of the dental hygiene profession to improve the public's oral and overall health." Montana has already met most of the requirements that were required to be included in the charter agreement (MDHA has a Federal Tax ID, a legal name and we are incorporated).

Managing component finances needs to be in place by February 2017. Each Montana component will have a separate line item in MDHA's bank account. Component money will be completely separate from MDHA's funds. Our treasurer, Tammy Helmer, has designed simple forms for components to deposit and withdraw funds. We will not have to keep money in a plastic bag or someone else's bank account anymore! Thank you ADHA for helping components be responsible and keep their money safe and secure!

Another requirements due in February 2017 is the D & O General Liability Policy. Diedri Durocher has been in touch with ADHA concerning the Policy and MDHA will keep you informed when it is finalized. If you have any questions concerning ADHA's Charter Agreements, please contact me by cell at 406-550-4482 or email hlhmontana@aol.com.
"Let's embrace the change that is taking place. It is leading us to a new beginning." Quoted by ADHA President Jill Rethman.

Heidi Halverson, MDHA President

"Alone we can do so little. Together, we can do so much." Helen Keller

ADHA's goal with charter agreements is to ensure that we maintain a strong relationship with all 51 constituents so that we can collectively represent all U.S. dental hygienists, advance the profession and increase access to oral health care. Every single member is valued!

California Dental Hygienists' Association (CDHA) officers voted not to sign the new charter agreement with ADHA. However, CDHA bylaws state, "This Association is a California Mutual Benefits Corporations with a charger agreement as a constituent society of the American Dental Hygienists' Association." Since this is written into the CHDA Bylaws, it is only CDHA House of Delegates' action that can end the chartered relationship.

ADHA optimistically awaits the CDHA House of Delegates deliberation June 3-4 and input from the collective California membership. In the meantime, ADHA is conducting business as usual and CDHA is receiving all of the constituent benefits. ADHA has been in direct communication with CDHA members and officers to share accurate information, and has also invited questions and comments related to the CDHA charter agreement be sent to askADHA@adha.org so that they can be addressed.

What can you do? ACTION REQUESTS:
It would be very helpful if you could identify ADHA allies in California and email those names to Kimberly Campbell, ADHA Director of Strategic Communications at KimberlyC@adha.net, P: 312-440-8923

ADHA would like to provide them with talking points to spread the word and help eliminate misinformation.
Please know that ADHA has developed a communications strategy that is being implemented and includes video messaging, a FAQ document, and email campaigns to be rolled out in the weeks leading up to the CDHA HOD meeting.

Thanks for all of your support of ADHA! Go Team!

Barbara Leatherman Dixon, RDH, BS, MEd, District X Trustee



Montana Dental Hygienists' Association

Alison Bayr, RDH
PO Box 160015
Big Sky, MT 59716
406-256-7384
www.montanadha.org
Email: montanadha@msn.com

MDHA MISSION STATEMENT

The mission of the Montana Dental Hygienists' Association is to advance the art and science of dental hygiene by improving the public's total health through:ensuring access to quality oral health care, awareness of cost effective benefits of prevention, promotion of the highest standards of dental hygiene education, licensure, practice and research; and provide representation, promotion, and preservation of the interests of dental hygienists.

Address correction requested





CONGRATULATIONS!!

CLASS OF 2016!!!



Ashlee Hamontree with Diedri Durocher at Pinning Ceremony

Ashley Hamontree, graduate, was the recipient of the MDHA/ADHA Award which will pay for her 1st year of professional association membership.

Jerica Sullivan, junior, was the recipient of the Lorrie Merrick Memorial Scholarship. She will receive $1000.00 to assist with tuition for her senior year.

Best of luck to all graduates on their National Board and WREB exams! Reach out to any MDHA member if you have questions when transitioning from student to professional membership. We encourage all of you to be active in the profession of Dental Hygiene!